



Are you helping care for a loved one over the age of 60?



**FREE
CLASSES
for family
caregivers!**

CARE PATHWAYS Can Help

- **FREE** program delivered in a series of 11 workshops
- **FREE** respite & transportation may be available
- **FREE** support & referrals to community resources

Get answers about Dementia, Alzheimer's, Parkinson's, Communicating Effectively, Managing Stress, Legal Issues, Grief, How to Care for an Older Adult & much more...

Classes are also starting in the following cities: Cathedral City & Indio

Call for more information!

**call today
to register**

(951) 867-3800

Classes begin in

October 2018

in the

Coachella Valley