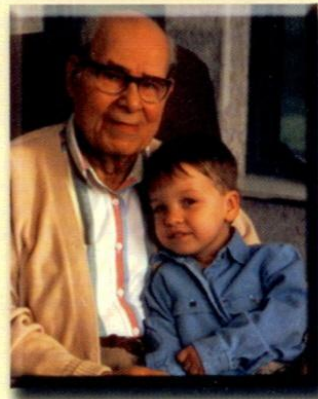


# National Health and Nutrition Examination Survey (NHANES)

*Improving the health of older Americans*

For more than 40 years, the National Center for Health Statistics (NCHS), Centers for Disease Control and Prevention (CDC), has interviewed and examined tens of thousands of people across the country. About 25,000 older Americans have participated in the National Health and Nutrition Examination Survey (NHANES).



Information gathered by NHANES from individuals like you from different States across the country is combined, analyzed, and published yearly to help Americans maintain independence and good health.



The Office on Aging supports this survey.  
Please see Director's letter attached.





# RIVERSIDE COUNTY OFFICE ON AGING

.....*Strength in Aging*

October 9, 2007

Dear Prospective Survey Participant:

The U.S. Department of Health and Human Services is conducting a major study of the health of persons living in the United States. The Riverside County Office on Aging is pleased to announce that Riverside County has been selected as one of the counties to be surveyed. The purpose of this letter is to encourage you to participate in this effort.

By participating in the survey, you will play an important role in helping health care providers address health issues more effectively. It is critical that seniors be represented in the survey so that the health care needs of this population are identified and addressed by both government agencies and the private sector.

The survey will be conducted between November 28, 2007 and February 11, 2008. Survey staff will collect data through household interviews and standardized medical exams. All information is kept strictly confidential and a report of medical and dental findings will be given to each participant.

If you have any questions, please contact the Division of Health and Nutrition Examination Surveys at 1-800-452-6115.

Sincerely,

LuVerne M. Molberg  
Director

---

**Lu Verne M. Molberg, Director**

For Information/Assistance, Call:

**1-800-510-2020 T.T # (951) 697-4699**

◆ **West County Office**  
6296 River Crest Drive, #K,  
Riverside, CA 92507  
(951) 867-3800  
(951) 867-3830 – FAX

◆ **Hemet Office**  
1075 North State Street, Hemet, CA 92543  
(951) 791-3565 (951) 791-3553 – FAX

◆ **East County Office**  
73750 Catalina Way  
Palm Desert, CA 92260  
(760) 341-0401  
(760) 340-9585 - FAX



# RIVERSIDE COUNTY OFFICE ON AGING

.....*Strength in Aging*

9 de octubre del 2007

Estimado(a) futuro(a) participante de la encuesta:

El Departamento de Salud y Servicios Humanos de Estados Unidos está realizando un importante estudio sobre la salud de las personas que viven en Estados Unidos. La Oficina para Asuntos de la Vejez del Condado de Riverside tiene el agrado de anunciar que el Condado de Riverside ha sido seleccionado como una de las comunidades que será encuestada. El propósito de esta carta es animarle a que participe en este esfuerzo.

Al participar en la encuesta, usted desempeñará un papel importante ayudando a los proveedores de cuidado de salud a tratar los temas de salud más eficazmente. Es muy importante que las personas de edad avanzada estén representadas en la encuesta para que las necesidades de cuidado de salud de esta población sean identificadas y tratadas tanto por las agencias del gobierno como por el sector privado.

La encuesta se realizará entre el 28 de noviembre del 2007 y el 11 de febrero del 2008. El personal de la encuesta recolectará información por medio de entrevistas en el hogar y de exámenes médicos estandarizados. Toda la información se mantiene en forma estrictamente confidencial y a cada participante se le dará un informe de sus resultados médicos y dentales.

Si usted desea hacer alguna pregunta, por favor llame a la División de Encuestas de Examen de Salud y Nutrición al 1-800-452-6115.

Atentamente,

Lu Verne M. Molberg  
Directora

---

**Lu Verne M. Molberg, Director**

For Information/Assistance, Call:

**1-800-510-2020 T.T # (951) 697-4699**

◆ **West County Office**  
6296 River Crest Drive, #K,  
Riverside, CA 92507  
(951) 867-3800  
(951) 867-3830 – FAX

◆ **Hemet Office**  
1075 North State Street, Hemet, CA 92543  
(951) 791-3565 (951) 791-3553 – FAX

◆ **East County Office**  
73750 Catalina Way  
Palm Desert, CA 92260  
(760) 341-0401  
(760) 340-9585 - FAX