



Riverside County Office on Aging, Aging & Disability Resource Connection

2016
1st Quarter

GRANDPARENTS RAISING GRANDCHILDREN NEWSLETTER

Looking for something FREE to do with the kids?

Riverside County holds free events
throughout the county each week.
Check out the list below and **have fun!**

⇒ **Canyon Crest Towne Center Concerts**

Tuesday evenings throughout August 25th. Local musicians fill the courtyard area of the Riverside Shopping Center near Ralphs and Allie's Hallmark. There are also free crafts for the kids! 5225 Canyon Crest Drive, Riverside from 6:30—8:30 PM

⇒ **Check out your local Library!**

From teen hangout, minecraft for kids, story time to free movies; your local library has lots of free events throughout the month. Check out the link below for more information.

⇒ **Movies in the Park**

Located all over Riverside County. Go early, bring a picnic dinner or some snacks and enjoy a movie outdoors!

Check out the following websites for more information on free events in your area.

<http://riversideca.gov/calendar>

https://www.riversideca.gov/library/calendar/current_calendar.pdf

Also, check out www.inlandempire.com/kids for things to do around the Inland Empire. Not all events are free on this site, so be sure to read the details.



It's important to have healthy teeth!

Kids can take charge of their teeth by taking these steps:

- ◆ **Brush at least twice a day**, after breakfast and before bedtime. If you can, brush after lunch or after sweet snacks.
- ◆ **Spend at least 2 or 3 minutes each time you brush.** If you have trouble keeping track of time, use a timer or play your favorite song to help pass the time.
- ◆ **Be sure your toothbrush has soft bristles.**
- ◆ **Learn how to floss your teeth.** This will help get rid of food that's hidden where your toothbrush can't reach, no matter how well you brush!
- ◆ **Brush your tongue to help keep your breath fresh!**
- ◆ **Visit the dentist twice a year.**

DID YOU KNOW....

That before toothpaste was invented, people used ground-up chalk, charcoal, lemon juice, ashes (you know, the stuff that's left over after a fire!), AND tobacco and honey mixed together!

YUCK!

Luckily, about 100 years ago someone finally created a minty cream to clean teeth with.

kidshealth.org

Bullying, Drug Use, Drinking, Gang Violence, Illegal Activity.....

Teach your kids to use WeTiP

The Anonymous Crime Reporting Hotline

WeTiP is a tool kids (and adults) can use to report any type of crime and stay completely anonymous.

How does WeTiP work?

The informant calls the **WeTiP** hotline. All calls are anonymous and NOT just confidential. Confidential means that someone knows your name and promises not to tell, until they are subpoenaed. Anonymous means that nobody knows who you are and there is absolutely no way to find out. **WeTiP** does not record, trace or use caller ID. In fact, the first thing the caller hears is, "This is the **WeTiP** Crime Hotline, DO NOT give your name or identify yourself in any way." If at any time the caller starts to identify him or herself, the operator will interrupt telling the caller, "I have to disconnect this call. Please call back and speak to another operator."



Students are often afraid to report crime information because they fear reprisal from the person they are reporting. **WeTiP** gives students and their families an opportunity to give information without fear. Be sure to talk to your kids about the importance of reporting crime. For more information, visit www.wetip.com

Kinship Caregivers...Peer Support Groups

Kinship Support Groups provide opportunities to socialize, share information, learn new skills, and receive or give peer support. Grandparents and other kin caregivers are encouraged to attend. For more information please call GRG at (951) 867-3800 or Kin Care at (951) 791-3557.

Hemet

3rd Tuesday of the Month

10:30 AM—12:00 PM

Hemet Service Center

749 N. State Street

Hemet, CA 92543

English & Spanish session available

at Hemet Support Group

Se Habla Espanol

Beaumont

2nd Tuesday of the Month

10:00 AM—11:30 AM

Chatigny Community Center

1310 Oak Valley Parkway

Beaumont, CA 92223

Perris

Last Thursday of the Month

10:30 AM—12:00 PM

Perris Valley FRC

2055 N. Perris Blvd. Ste. C1

Perris, CA 92571

Corona

2nd Thursday of the Month

10:30 AM—12:00 PM

Corona Public Library

650 South Main Street

Corona, CA 92882

Mead Valley (Spanish Session)

3rd Wednesday of the Month

10:30 AM—12:00 PM

Mead Valley FRC

21091 Rider Street

Mead Valley, CA 92570

Temecula

3rd Thursday of the Month

10:00 AM—11:00 AM

Mary Phillips Senior Center

41845 Sixth Street

Temecula, CA 92590

Cathedral City

2nd Tuesday of the Month

11:00 AM—12:00 PM

Cathedral Center

37-171 W. Buddy Rogers Ave

Cathedral City, CA 92234

Riverside

4th Tuesday of the Month

11:00 AM—12:00 PM

RUSD FRC

6735 Magnolia Avenue, B6

Riverside, CA 92506



Grandparents Raising Grandchildren News is sponsored by:

Riverside County Office on Aging

6296 River Crest Dr., Suite K, Riverside, CA 92507

(800) 510-2020 or (951) 867-3800 or TTD 711



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