



# Riverside County Advisory Council on Aging

## HEALTHY LIVING COMMITTEE

March 13, 2019  
9:00 a.m. – 9:30 a.m.

### Meeting Location:

- 6296 River Crest Drive, Suite K, Riverside, CA 92507
- 44-199 Monroe Street, Room 402, Indio, CA 92201

### Members:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Bev Greer, Chair | <input type="checkbox"/> Barbara Mitchell, Vice Chair | <input type="checkbox"/> Amia Henderson |
| <input type="checkbox"/> Eileen Packer    | <input type="checkbox"/> Luella Thornton              | <input type="checkbox"/> Lynda House    |
| <input type="checkbox"/> Sharron Lambeth  |   |   |

## AGENDA

---

### 1. First Order of Business – Barbara Mitchell, Vice Chair

- [If anyone wishes to make a public comment, please pick up a Request for Comment form from Barbara Mitchell, fill it out, and return it to her immediately. We will call for public comments in a few minutes.](#)

- 1.1. ADA Guidelines Review – If guests are in attendance.
  - 1.2. Establish Quorum – Eileen Packer
  - 1.3. Introductions – If guests are in attendance.
  - 1.4. Reports and Reminders
  - 1.5. Public Comments
- 

### 2. Action Items – Bev Greer, Chair

#### 2.1. Approve minutes of 12/12/2018 Healthy Living Committee.

Motion by: \_\_\_\_\_ Secinded by: \_\_\_\_\_  
Open Discussion  
Call for Vote

---

### 3. Discussion Items

- 3.1. Senior Center Focus Groups Attendee – Review and Discuss
  - 3.2. 2018 Senior Center Focus Group Summary – Review and Discuss
  - 3.3. Senior Center Focus Groups/Summit Planning – Assistance and Next Steps – sent by email
- 

### 4. Closing Comments – All

---

### 5. Adjourn – Barbara Mitchell, Vice Chair

#### 5.1. Motion to Adjourn.

Motion by: \_\_\_\_\_ Secinded by: \_\_\_\_\_  
Call for Vote

---

## Riverside County Board of Supervisors

**District I:** Supervisor Kevin Jeffries

**District IV:** Supervisor V. Manuel Perez

**District II:** Supervisor Karen Spiegel

**District V:** Supervisor Jeff Hewitt

**District III:** Supervisor Chuck Washington

## Office on Aging Staff

- **Director:** Jewel Lee
- **Deputy Director for Administration:** Rachelle Román
- **Deputy Director of Programs and Operations:** Gary Robbins
- **Supervising Program Specialist:** Renée Dar-Khan
- **Senior Program Specialist:** Stephen Geist
- **Program Specialist:** Stacie Catlin
- **Executive Assistant:** Ryan Emblem

## Advisory Council Officers

**Chair:** Gary Kelley

**Vice Chair:** Barbara Mitchell

**Parliamentarian:** Eileen Packer

## Board of Supervisors Appointees

**District I:** Gary Kelley

**District IV:** Javier Lopez

**District II:** Sharron Lambeth

**District V:** Gloria Sanchez (LoA)

**District III:** Arthur W. Salyer

## Advisory Council Members

Amia Henderson

Beverly Greer

Cynthia Lemus

Donald Brock

Doris Morgan-Hayes

Luella Thornton

Lynda House

Steve Mehlman

Vee Maiden

Victoria Zivku

## Advisory Council Standing Committees

Executive	Membership	Community Connection	Healthy Living
Gary Kelley – Chair	Vee Maiden – Chair	Cynthia Lemus- Chair	Bev Greer – Chair
Barbara Mitchell	Sharron Lambeth	Luella Thornton- Vice Chair	Barbara Mitchell– Vice Chair
Eileen Packer	Barbara Mitchell	Doris Morgan-Hayes	Sharron Lambeth
	Eileen Packer	Vee Maiden	Luella Thornton
	Amia Henderson	Phyllis Purcell (CSL)	Eileen Packer
			Lynda House
			Amia Henderson

## Advisory Council Subcommittees & Ad Hoc Committees

Planning (Sub-Committee)	Office on Aging Award (Sub-Committee)	Communications (Sub-Committee)
Gloria Sanchez- Chair	Vee Maiden – Chair	Steve Mehlman – Chair
Barbara Mitchell	Sharron Lambeth	Gloria Sanchez
Steve Mehlman	Barbara Mitchell	
Eileen Packer	Eileen Packer	
Bev Greer		
Art Salyer		
<b>Bylaws Committee</b> (Ad Hoc Committee)		<b>Nominating Committee</b> (Ad Hoc Committee)
Eileen Packer – Chair		To be determined
Barbara Mitchell		biennially.
Cynthia Lemus		
Steve Mehlman		The next committee will be chosen: January 2021

## Advisory Council Liaisons

- **California Senior Legislature:** Mark Cox, Senior Assemblymember
- **California Senior Legislature:** Phyllis Purcell, Senior Assemblymember
- **California Senior Legislature:** Steve Mehlman, Senior Senator
- **Continuity of Care:** Barbara Mitchell
- **Foundation on Aging:** Barbara Mitchell
- **Grandparents Raising Grandchildren:** Sharron Lambeth
- **IHSS Advisory Council:** Barbara Mitchell
- **Older Adults System of Care:** Barbara Mitchell
- **Transportation Services:** Cynthia Lemus
- **Transportation Services:** Steve Mehlman
- **Triple A Council of California:** Gloria Sanchez
- **Veterans Services:** Vee Maiden

## Advisory Council on Aging Meeting Guidelines/Requirements

**Materials Distributed:** In compliance with the Brown Act and Government Code Section 54957.5, agenda materials distributed 72 hours prior to the meeting, which are public records relating to open session agenda items, will be available for inspection by members of the public prior to the meeting at the Office on Aging, 6296 River Crest Drive, Suite K, Riverside, CA 92507.

**ADA:** In compliance with the Americans with Disabilities Act and Government Code Section 54954.2, if special assistance is needed to attend an Advisory Council on Aging meeting, please contact Stacie Catlin at (800) 510-2020, (951) 867-3800, or TTD 711. Notification of at least 48 hours prior to meeting time will assist staff in assuring that reasonable arrangements can be made to provide accessibility at the meeting.

**Public Comments:** Each speaker may be limited to speak two (2) minutes or less depending on the number of speakers. At the direction of the Chair or by majority vote of the Council, the two (2) minute time limitation may be waived, increased or reduced. The maximum time for public comment for any individual item or topic may be limited to fifteen (15) minutes. The Council may terminate public comments if such comments become repetitious or disruptive. Any written documents to be distributed or presented to the Council shall be submitted to the Council's assigned staff. This policy applies to Public Comments and general comments on agenda items. Under the Brown Act, the Council will not take action on or discuss matters raised which are not posted 72 hours in advance. Council members may refer such matters to staff for factual information or to be placed on the subsequent agenda for consideration.